

Today's Suggested Schedule—November 2025, Week 1

Bible Story: Elijah and the Prophets of Baal • 1 Kings 18:16-45

Bottom Line: God can do the impossible.

Monthly Memory Verse: *Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.* Isaiah 40:31 (NIRV)

OPENER

HOST: “Hey there, builders! Welcome to Bedrock, where we’re learning how to build real confidence in God—block by block! I’m [Host Name], and I’m super-excited you’re here today. Give me your loudest ‘Ready to build!’ on three! 1, 2, 3!” (Pause for responses.)

“That’s what I like to hear! This month, everything’s inspired by video games! We’re going on some big adventures, and today, we’ll see how trusting God can help us face stuff that looks ... well ... impossible.

“Let’s talk about that. Has anyone ever tried something that felt impossible? Like tackling a really hard math problem, or maybe solving a puzzle that was super-tricky? Or maybe there’s something you wish you could do, but you’re not sure you can. Well, today, we’re going to discover how God can do the impossible!

Opening Activity Made to Play

What You Need:

- ☐ “Possibility Cards” Activity Page
- ☐ Inflated balloon or beach ball
- ☐ Blocks
- ☐ Plastic spoons

Play Together:

- Say: “Our group will take turns pulling a card from the stack. You will read your card aloud to the group, and we’ll decide together:
 - Is this impossible for you?
 - Could you or someone else do it?

- Could God do it?
- If it’s hard but possible, invite the kids to try it out using the supplies.
 - *For example, if a kid pulls a card that says, “Stack seven blocks, only using your elbows!” Let them use the blocks to give it a try.*
- Play until all the scenario cards have been read.

What You Say:

“Whoa, some of those cards were really silly. Some of them felt absolutely impossible. Did anyone try one that felt hard, but you tried it anyway?

“In today’s true story from the Bible, we’ll hear about a man named Elijah. He faced a challenge way bigger than stacking blocks or holding a balloon between your knees. But he trusted God to do something completely impossible. Let’s discover what happened when Elijah showed big confidence in our BIG God!”

WORSHIP: “Hey, builders! Are you ready to worship? I know I am! Today, we’ve been talking about how God can do the impossible. And when we believe that, that the God who is bigger than anything goes through life with us, we can have confidence no matter what comes our way.

“The God who is bigger than anything loves you so much! You are a child of the Father who can tackle anything! That’s the first song we’re going to sing: ‘Yes I Am!’ So stand up, shake out your arms, take a deep breath, and let’s get ready to sing together!

AUDIO: “Yes I Am” track 1 from *Everything to Me*

Optional Video: “Yes I Am” Dance Moves or Live Lyrics Video

WORSHIP LEADER: “Awesome job! I love singing with you all. Don’t forget: God is always with you, and He is more powerful than anything! He can help you do what feels impossible.

“Before you sit down, let’s look at this month’s Memory Verse. It’s Isaiah 40:31! This is the verse we’re going to try to lock into our hearts this month so we can remember it throughout our days. I’ll read it first, and then we can say it together!

Move and Remember*

Hear from God | Memory Verse Activity Made to Move

SLIDE: Memory Verse

What You Need:

- ☐ Bibles
- ☐ “Verse Motions” Activity Page

What You Do:

- Gather the kids together.
- Give every kid a Bible.

- Invite them to look up this month’s Memory Verse, Isaiah 40:31, using the Bible Navigation Tips.
- Repeat the verse together several times.
- Review any words that might be unfamiliar to the kids.

Move Together:

- Use the “Verse Motions” Activity Page to teach the Memory Verse motions.
- Walk through the motions slowly, until the kids have learned them.
- Challenge the group to perform them:
 - Fast
 - Slow
 - Without words

What You Say:

“You learned those motions so quickly!

“Our Memory Verse this month, Isaiah 41:30, comes from the book of Isaiah. Isaiah was a prophet (which means he was a messenger from God). He shared God’s words. This is a message Isaiah shared with God’s people when the people were feeling a little weak and tired—maybe even a little hopeless! God’s people had been through a lot, and Isaiah reminded them that they didn’t have to try to be strong on their own.

“When we trust in God, God gives us strength! Not just the kind of strength to run and walk, but the confidence to keep going even when life gets hard. You can trust that the same God who helped His people back then is still helping us today! When you trust in Him, He will give you new strength! Keep practicing these motions at home and remember **God can do the impossible!**”

BIBLE STORY

Video

WRAPPING UP THE STORY

“Wow, what an amazing story! Elijah had so *much* confidence in God—but that didn’t happen all at once. He built his trust little by little, every time God showed He was good and faithful.

Then one day, up on the mountain, God did something incredible—He showed everyone that *He alone can do the impossible!*

Elijah’s story reminds us that faith is a journey. Sometimes we feel strong and brave, and other times we struggle—but through it all, God stays the same. He’s always good, always faithful, and always with us.

So when something feels too hard, or too big, or just plain impossible—remember this: God can do the impossible! You can trust Him no matter what.”

WHAT’S OUR PART IN THE STORY?

HOST: “This week we learned about **Elijah**, a man who trusted God to do the impossible! But Elijah didn’t start out with super-strong faith. He built his trust in God **one step at a time**—by listening to God, doing what God said, and depending on Him in both the big and small things.

Again and again, Elijah learned that **God is good and faithful**. When Elijah was scared, God gave him courage. When he didn’t know what to do, God showed him the next step. And when everything seemed impossible, Elijah remembered all the times God had already been good—and he trusted Him.

Elijah’s journey with God had **ups and downs**, just like ours. There were times Elijah had strong faith, and times when he struggled—he even had a bit of a tantrum! But every time, God cared for him and gave him what he needed, like rest and food. Elijah kept learning that God was always good and always faithful. Sometimes we face things that feel too big for us too—problems we can’t fix, worries that

won’t go away, or things we wish we could change. But just like Elijah, we can **build our confidence in God little by little**. We can pray, listen, and trust that God will help us. Sometimes He fixes the problem, and sometimes He changes our hearts—but He is always good, and we can always trust Him. So next time you feel stuck or scared, remember: **God can do the impossible—and He loves you more than you could ever imagine!**

PRAYER

STORYTELLER or HOST: “God, thank You for loving us and for being with us no matter what. Thank You that nothing is impossible for You. Help us trust You—when things are easy, and when they’re really hard. Build our confidence in You block by block, just like You did for Elijah. Teach us who You are so we walk through life with You as our closest friend. We love You, God, and we pray these things in Jesus’ name. Amen.”

The One and Only God

Talk about God | Bible Story Review

Made to Create

Budget Friendly

What You Need:

- ☐ Prepared blocks with “Firm Foundation” Activity Page cards on them

What You Do:

- Divide the kids into three teams.
- Give every team a set of six “Firm Foundation” Activity Page blocks.

Imagine Together:

- Say, “Each block shows a big part in today’s Bible Story about Elijah and the prophets of Baal. Your team’s mission is to build what happened in order, block by block!”
- Encourage the kids to work together to build a structure that places the images in story order.
- Instruct them to talk through what’s happening in each scene as they build.
- Once all three teams finish, gather the entire group and walk through the story together.
- The story block order is:
 - The Challenge
 - No Fire. No Answer. No Baal.
 - God’s Altar
 - Soaked with Water
 - God Sends Fire
 - The Rain After the Fire

Talk Together:

- Ask:
 - What did God *show us* about who He is when the fire came down?
 - How can we live like we believe the truth that God is with us too?

What You Say:

“Elijah and the prophets of Baal were having a god showdown. King Ahab and his wife Jezebel had led God’s people to worship false gods like

Baal, and Elijah wanted to turn the people’s hearts back to worshiping the one, true God. The prophets of Baal tried hard to get their god to listen, but after hours and hours, he didn’t respond. Then, it was God’s turn. Elijah rebuilt God’s altar and put the offering on it. Then God’s altar was soaked. When Elijah prayed to God, God answered right away! God sent fire from heaven, burned up the water-soaked offering and the stones too! Then, a little while later, God sent the rain because He is in charge of all things!

“God showed up! He showed everyone there that He was the one and only true God. This is what Elijah prayed:

“LORD, you are the God of Abraham, Isaac and Israel. Today let everyone know that you are God in Israel. ... Let them know I’ve done all these things because you commanded me. Answer me. LORD, answer me. Then these people will know that you are the one and only God. They’ll know that you are turning their hearts back to you again.” —1 Kings 18:36-37 (NIRV)

“When the people in Elijah’s day were giving their hearts to other gods, that would not do! There is one, true God, and He loves us so much! God wanted to show His presence and His power, and He answered right away when Elijah prayed. God wanted all of the people to turn their hearts back to Him. He wants that or us too! God wants us to love and follow Him!

“And that altar was soaked, soaked, soaked. There was no way fire could light it! But it didn’t matter to God. He burned up the soaked altar and all of the stones too! God wanted the people to see Him, and to see that He can do the impossible. They could trust Him because He is the one, true God. And we can have the same trust. Even when things ‘look’ impossible, God is ALWAYS able—because **God can do the impossible!**”

Built to Stand

Live for God | Application Activity

Made to Explore

Budget Friendly

What You Need:

- ☐ “Trust Test” Activity Page
- ☐ Soft item (pillow or folded blanket)
- ☐ Firm item (cardboard or a sturdy book)
- ☐ Blocks

What You Do:

- Set the two “foundations” down—the soft item and the firm item.
- Instruct the kids to form a circle around your two “foundations.”
- Keep the blocks nearby.

Explore Together:

- Point to the soft item and ask: “What do you think will happen if we try to build a tall tower on this?”
 - *Most will say it will fall. Agree!*
- Point to the firm item and ask: “What do you think will happen if we try to build a tall tower on this?”
 - *Most will say it’ll stand strong. Agree!*
- Let the kids help you build two towers simultaneously, one on the soft foundation and one on the firm foundation, as you read the “Trust Test” Activity Page challenges.
- Say, “Each of the Trust Test Challenges describes a tough situation, something that might shake our confidence. As we build a tower on each base, we’ll see how trusting in ourselves can feel shaky, but when we trust in God, we’re built to stand!”
- Let the tower built on the soft foundation fall and wobble. Celebrate the tower with the firm foundation holding steady!
- Keep adding blocks until you’ve read all the challenges.

Talk Together:

- Is it easy or hard to have confidence in God in these circumstances?
- What would happen if we only trusted ourselves?
- How does trusting God make a difference, even when it’s hard?
- ***[Make It Personal] (Share an age-appropriate example of a time you felt like something was impossible, but you chose to put your confidence in God. Did it change how you responded to the situation? Did God give you the courage to try something new?)***

What You Say:

“Elijah stood on the mountain in front of everyone, prayed to God, and said:

“LORD, you are the God of Abraham, Isaac and Israel. Today let everyone know that you are God in Israel. ... Let them know I’ve done all these things because you commanded me. Answer me. LORD, answer me. Then these people will know that you are the one and only God. They’ll know that you are turning their hearts back to you again.” —1 Kings 18:36-37 (NIRV)

“Elijah trusted God, *even when he was the only one!* He didn’t put his confidence in himself, or in being popular, or in being the loudest. He put His confidence in God—he knew God is strong, and God is powerful—and he faced all of those other prophets, trusting that God was going to do something amazing.

“We can have the same confidence in every situation we face. God is the strongest. There is nothing more powerful than Him. And when we choose to follow Jesus, He comes to live inside of us. We go through everything in our lives with the strongest!

“That tower we tried to make with the soft foundation is kind of like putting our confidence in things that aren’t steady. They fall, and they

let us down. But trusting God? That is building your life on the firmest foundation, EVER!

“When you chose to follow Jesus, God sent the Holy Spirit to live in you, and you can ask Him to give you confidence to stand strong—even when something feels scary or impossible—because *God* is strong. In the moment, you can pray, ‘God, help me remember that You are strong, and You are with me. Help me be confident in You right now.’ God faces everything with you! So you can put your confidence in God because **God can do the impossible.**”

Pray and Dismiss

Prayer:

“God, thank You so much for all of my friends here today! Thank You for showing us that You can do the impossible through the story of Elijah and the prophets of Baal. Teach us how to live knowing and believing You are with us, and You are the strongest!

“God, if there are any friends here who are curious to know more about putting their faith in Your Son, Jesus, help them know how much You love them! Thank You for sending Jesus to save us and make a way for us to be close friends with You! Help us all take a step closer to You today, whether we’re just starting or we’ve known You for a long time. We love You, God, and we pray these things in Jesus’ name. Amen.”