

Today's Suggested Schedule—November 2025, Week 3

Bible Story: Daniel and the Lions' Den • *Daniel 6*

Bottom Line: God is always with you.

Monthly Memory Verse: *Those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.* Isaiah 40:31 (NIRV)

OPENER

"Hey, everyone! Welcome to an awesome day at [name of your environment]! I'm your Host, [your name], and I am SO excited you're here!

"This month we're exploring our 'Bedrock' series—building confidence in God block by block! Just like when you're building something amazing in a video game, you build confidence in God one block at a time as you talk to Him every day and go through life with Him every day.

"Our Bible Story today is all about that! But before we dive into it, let's play a game that's going to get us moving and laughing together!

Gesture for kids to stand up and form a large circle. Join the circle yourself.

"Everyone up on your feet! We're going to play a game called 'Silly Switcheroo!' Here's how it works!

"When I call out 'Switch!' you need to find a brand-new spot in our circle. You can't stay where you are, and you can't go to the spot right next to where you were standing. When you hear 'Switch!' move fast but be safe—no pushing or running into each other!

Demonstrate by walking to a different spot in the circle.

"But wait, there's more! Sometimes I'll call 'Double Switch!' That means you switch spots twice—find your first new spot in the circle, then immediately look for another new spot and switch again!

"And here's where it gets really fun! I might give you special instructions for how to move to your new spot. Like 'Switch and hop like a frog!' or 'Switch and walk backwards!' or 'Switch and pretend you're building with blocks!' Are you ready to try this? Let's practice once—everybody, Switch!"

Allow kids to move to new spots in the circle(s).

"Perfect! I can already see some of you are natural Silly Switcheroo players! Let's try it with some fun movements. Ready? Switch and hop like a frog!"

AUDIO: High-energy music

Continue with several rounds, adding different movements and instructions. An example direction is listed below,

"Switch!"

"Switch and walk backwards!"

"Double switch!"

"Switch and pretend you're building with blocks!"

"Switch and flap your arms like eagles!"

"Double switch!"

"Switch and tiptoe like you're sneaking!"

After several energetic rounds, instruct the kids to return to their seats.

“Wow! You all are amazing at Silly Switcheroo! I love how you kept switching spots even when it felt a little crazy or when you weren’t sure exactly where to go next. You know what? Sometimes in life, we face situations where we have to make switches or changes, and we don’t always feel confident about what comes next. But today we’re going to hear about someone who faced a really scary situation—way scarier than switching spots in a circle—and discover how he found the confidence in God.

WORSHIP

“Let’s talk about our first song. We’re learning this month that we can be confident in all things because God, who is the strongest, goes with us in all things. God loves you very much—that’s why He wants to go through life with you. You are a child of the Father who loves you! Let’s sing about that in our first song, ‘Yes I Am!’

AUDIO: “Yes I Am” track 1 from *Everything to Me*

“Today’s true story from the Bible is about a guy where exactly that happened—God gave him the strength to face something really hard. Let’s grab our morning tea then sit down and get ready to hear our true story from the Bible today!”

BIBLE STORY

VIDEO:

WRAPPING UP THE STORY

STORYTELLER: “What an incredible story! Daniel had some serious confidence to face those lions! But Daniel’s confidence didn’t come from being brave on his own. His confidence came from knowing that God was always with him.

“Throughout his whole life, Daniel had seen God’s faithfulness over and over again. When he was taken captive as a young man, God was

with him. When he served different kings, God was with him. When he faced difficult situations, God was with him. And when he was thrown into that scary lions’ den, God was still with him.

“That reminds me of what we want to try to remember from Daniel’s story today. It’s this:

SLIDE: Bottom Line

[Bottom Line] “God is always with you. Say that with me.”

Host enters and joins in.

STORYTELLER, HOST, and KIDS: **[Bottom Line]** “God is always with you.”

WHAT’S OUR PART IN THE STORY?

HOST: “What an amazing story! Daniel really did have incredible confidence, didn’t he?”

“He absolutely did! But remember, Daniel’s confidence wasn’t in himself, it was in God. Daniel had made it a habit to talk with God every single day. Three times a day, he would stop what he was doing and pray. He would talk to his Friend. So when he faced being thrown to the lions, he had confidence that God was with him, just like God had been with him every other day.

“That’s so important! Building confidence is like building in a video game—it happens block by block, day by day. And the strongest foundation for confidence is knowing that God is always with you.

“Let’s think about times when you might need to remember this truth. Maybe you feel nervous about starting at a new school. What does our Bottom Line tell us?”

KIDS: “God is always with you!”

HOST: “That’s right! Or maybe you’re worried about a big test at school, or you have to go to

the doctor, or someone is being mean to you. In all of those situations, what's true?"

KIDS: "God is always with you!"

HOST: "Now, I know sometimes you might KNOW that God is with you, but you don't always FEEL like it. That's totally normal! Daniel probably felt scared when he saw those lions. But he remembered all the times God had helped him before. He remembered God was with him. And he chose to trust God even when he felt afraid.

"And don't forget, when you choose to follow Jesus, Jesus' very Spirit comes to live inside you. The Holy Spirit gives us the same kind of confidence that Daniel had. Not confidence in ourselves, but confidence in God! The strongest One is with you—He's in you! You face everything with Him. So God is always with you! That's the kind of confidence that helped Daniel face the lions, and it's the same confidence God offers to you!

"When you make it a habit to talk with God every day, like Daniel did, it becomes easier to remember that God is with you no matter what you face. You can pray when you wake up, you can pray before meals, you can pray before you go to sleep. You can talk to God about anything—your worries, your excitement, your questions, your thanks. Since He's with you all of the time, you can talk to Him all of the time! So do! Talk to God all of the time! He moved inside of you to be your closest, closest Friend!

"So this week, when you face situations that make you nervous or scared, remember that the same God who protected Daniel is always with you too. You can build confidence block by block by talking to Him all the time, reading His promises in the Bible, and remembering all the ways He's taken care of you.

"Let's pray and ask God to help us remember that He is always with us!

Bible Story Extension

Talk about God | Bible Story Review

Made to Explore

Budget-friendly

What You Need:

- ☐ Clear plastic cups
- ☐ Paper towels
- ☐ Large, clear storage bin filled with water
- ☐ Plastic tablecloth

Before you begin, watch this video for an example of the experiment: bit.ly/46hx5QX

What You Do:

- Lay out the plastic tablecloth. Set the bin filled with water in the center.
- Invite them to gather around the tablecloth.
- Kick off with these Bible Story Review questions:
 - Why was Daniel thrown into the lions' den in the first place?
 - How did Daniel respond when he knew he could get in trouble for praying?
 - What happened in the morning when the king went to check on Daniel after Daniel had spent the night in the lions' den?

Explore Together

- Direct the kids to wad up the paper towel and firmly wedge it into the bottom of the empty cup so it won't fall out or fall down when the cup is turned upside down.
- Ask, "What do you think will happen if I push this cup straight down into the water, upside down?"
- Say: "Push your cup straight down (don't tilt!) into the water until it's fully submerged. Then, remove the cup and pull out the paper towel—it will be dry!"
- Invite every kid to take turns giving it a try.
- Ask: "Why do you think the paper towel was able to stay dry?"

- Explain that the air trapped in the cup acts like a barrier, protecting the paper towel from getting wet.

Talk Together

- Explain that Daniel was surrounded by danger, but God protected him, like the air protected the paper towel. Daniel walked out of the lions' den untouched because God was with him!
- Ask:
 - Why do you think Daniel wasn't touched or hurt by the lions? Who protected him, even when it looked impossible?
 - If God can keep Daniel safe in a den full of lions, what does that tell us about who God is when we're facing scary or impossible situations?
- ***[Make It Personal] (Share about a time when you faced a scary situation, but how remembering that God was with you helped you get through it. How did you remind yourself that God was with you?)***

Act It Out!

Talk about God | Bible Story Review
Made to Imagine
Budget-friendly

What You Need:

- ☐ "Story Images" Activity Pages on PPT

What You Do:

- Say: "We're going to review the story of Daniel together! I'll pause and invite different groups to act out certain parts of the story based on the image."
- Give the groups a few minutes to observe the image on their card(s) and come up with a skit.
- After you read each Bible Story point, invite the assigned group to act out their part.

- Encourage the kids to have fun with their expressions and actions!
- Continue until all the images have been reviewed.

Assign parts to the kids.

- Daniel
- Jealous Advisors
- Lions
- Angel
- King Darius

Bible Story Points

- Daniel becomes a leader in the kingdom.
 - Call on the group with the image of Babylon.
- Jealous advisors trick the king into making a new law.
 - Call on the group with the image of the scroll.
- Daniel keeps praying, even when it's dangerous.
 - Call on the group with the image of Daniel praying.
- Daniel is thrown into the lions' den.
 - Call on the group with the image of the lions' den.
- God sends an angel to shut the mouths of the lions.
 - Call on the group with the image of an angel.
- King Darius sees Daniel is safe and praises God!
 - Call on the group with the image of King Darius praising God.

What You Say:

"Great acting, friends! Daniel didn't wait until he was in trouble to start trusting God. He talked to God every single day, he trusted God every single day, so Daniel was able to trust God when he faced the lions. And God was right there in the lions' den with Daniel! He NEVER left Daniel, and He won't leave you."

“No matter what you face—big feelings, tough decisions—**God is always with you!** God goes with you every single step of your life! Everything you face, you face with Him.

“Remind yourself **God is always with you** by making a habit of talking to God throughout the day. He is with you every minute!”

If time allows, look up the memory vers in the Bibles and read it together.

PRAYER

STORYTELLER or HOST: “Dear God, thank You for the amazing story of Daniel. Thank You for showing us how Daniel had confidence because he knew You were always with him. We want to be like Daniel—people who talk with You every day and trust You no matter what happens. When we feel scared or alone, help us remember that You are always with us. Thank You for sending Jesus so we can be close to You and Your Holy Spirit to live inside us. We want to learn to go through life with You—please teach us how. We love You, and we pray this in Jesus’ name. Amen.”